Acute Toxicity Study of Nanosilver Particles in Tilapia 
(Oreochromis niloticus): Pathological Changes, Particle 
Bioaccumulation and Metallothionien Protein Expression

Anunya Srinonate¹ Wijit Banlunara² Pattwat Maneewattanapinyo³ 
Chuchaat Thammcharoeng³ Sanong Ekgasit³ Theerayuth Kaewamatawong²*

Abstract

An acute toxicopathological study of silver nanoparticles (AgNPs) was conducted in concentrations of 0, 1, 10 and 100 ppm in adult tilapia (Oreochromis niloticus) at days 0, 1, 2, 3 and 4. Mortality, clinical sign, histopathology and immunohistochemistry were observed and evaluated. Calculated LC₅₀ at 24 hr was 53 ppm. The major clinical sign was respiratory distress. Histopathologic lesions were found mainly in gill, kidney, spleen and liver. Severity of the lesions depended on the concentration and exposure time. Superoxide dismutase (SOD) positive immunostaining was found in gill and renal tubular epithelium. Metallothionein (MT) positive staining was observed in renal tubular epithelium. Autometallography (AMG) positive grains were found in gill and gastrointestinal tract. In summary, AgNPs could cause acute toxicity to tilapia in a concentration and exposure time-dependent manner. Oxidative stress may be involved in the pathogenesis of acute AgNPs exposure. Moreover, the expression of MT in tissues responded to AgNPs accumulation.

Keywords: acute toxicity, autometallography, metallothioneine, Nile tilapia, silver nanoparticles, superoxide dismutase

¹Department of Pre-Clinic in Veterinary Science, Faculty of Veterinary Sciences, Mahasarakham University, Mahasarakham, Thailand
²Department of Veterinary Pathology, Chulalongkorn University, Bangkok 10330, Thailand
³Sensor Research Unit, Department of Chemistry, Faculty of Science, Chulalongkorn University, Bangkok 10330, Thailand
*Correspondence: theerayuth.K@chula.ac.th

**Introduction**

Nanosilver particles (AgNPs) have been used extensively in a variety of research and industrial fields. Nowadays, AgNPs can be found in a lot of daily consumer products. Some products containing AgNPs such as detergents and wound dressings are increasingly and broadly used and possibly end up in the environment during waste disposal. Because of their wide and rapid use, contamination of the environment with AgNPs has received a lot of concern. Several studies reported that nanoparticles were exposed to the environment (Hund-Rinke et al., 2006; Moore, 2006; Wiencz et al., 2009; Van Hoecke et al., 2011) and had significant effects on aquatic life organisms. Luoma and colleagues (2008) reported that AgNPs in either nanoparticle or ion form could enter and accumulate in living aquatic organisms. Environmental effects of nanoparticles are still questionable and remain unresolved.

Using natural-source-water fish as an environmental biomarker is very useful and may help to assess the risk of toxic substance consumption of human (Oliveira-Ribeiro et al., 2002; Jewett and Duffey, 2007; Raldúa et al., 2004). Tilapia fish (*Oreochromis niloticus*) is a widely distributed fresh water fish that is important in aquaculture (Maclean et al., 2002; Eroglu et al., 2005). Tilapia is one of the most favorite fish in Thai cuisine, resulting in culture making the highest yields from it and total valuable of production more than all freshwater fish (Fishery statistic analysis and research group, 2005). Tilapia can directly be exposed to high concentration of toxic substances and chemicals because caged culture involves mostly natural water sources and takes more than 6 months. In case of environmental toxicological studies, tilapia was used as the animal model in many researches because of its tolerance to water pollutants (Atli and Canli, 2003; Cheung et al., 2004; Cheung et al., 2005).

To study the distribution and accumulation of AgNPs in fish tissue, autometallography (AMG) was performed in this study. AMG is a potent histochemical staining that is used to determine heavy metals accumulation in the cells of fish and other species (Loumbourdis and Danscher, 2004; Alvarado et al., 2006). Several toxicity studies used the AMG technique to detect small amount of heavy metal in the cells of various kinds of animals (Woshiner et al., 2002; Danscher and Stoltenberg, 2006). In our previous study, we used AMG histochemical techniques to demonstrate the *in situ* deposition and distribution of AgNPs in the lungs and hilar lymph nodes of mice (Kaewamatawong et al., 2013). To protect from oxidative harmful reaction, cells have developed a free-radical scavenging process by various kinds of antioxidant enzymes including superoxide dismutase, catalase and glutathione peroxidase. Superoxide dismutases are primary antioxidant enzymes that scavenge ROS by catalyzing the dismutation reaction of the superoxide anion to hydrogen peroxide. Several *in vitro* nanotoxicity studies revealed the association between the free-radical generation and SOD scavenging activity. Dey and colleagues (2008) demonstrated the increase in manganese superoxide dismutase (MnSOD) protein levels induced by nanosized alumina in mouse skin epithelial cells. A decrease in SOD and glutathione (GSH) level that is associated with generation of peroxo radicals after AgNPs exposure to human fibrosarcoma (HT-1080) and human skin/carcinoma (A431) cells was reported (Arora et al., 2008). In this study, we tried to demonstrate the expression of SOD that may relate to AgNPs exposure in fish tissues.

Metallothionein (MT) is a low molecular weight (6,000-7,000) and cystein-rich protein with high affinity for divalent cations such as Ag²⁺, Cd²⁺, Cu²⁺, Zn²⁺ and Hg²⁺ (Lau et al., 2001; Wu et al., 2008; Gao et al., 2009). Although the role of MT is still unclear, it is believed that MT is involved in regulation of essential metals such as Zn and detoxification of non-essential metal ions such as Cd, Pb and Hg (Chan, 1994; Cheung et al., 2004). Several researches reported that heavy metals could induce MT gene and protein in many fish species and could reduce potential toxicity of heavy metal residues and therefore it can be used as a biomarker for heavy metal contamination in polluted water (Cheung et al., 2005; Quirós et al., 2007). The expression of MT in tissues responding to heavy metal exposure has been reported in various kinds of organisms and animals (Alvarado et al., 2006; Kaewamatawong et al., 2012). The protective role of MT from silver nanomaterials is still unknown. There is no report of MT expression in *vivo* study caused by exposure to AgNPs in aquatic organisms. At present, there is little information about AgNPs toxicity especially in aquatic environments in terms of pathological studies. Therefore, the purpose of this study was to investigate the acute toxicopathological changes of AgNPs on Nile tilapia. Pathogenesis and protective response were also elucidated.

**Materials and Methods**

*Preparation and characterization of AgNPs:* High concentration of colloidal AgNPs solution was synthesized via a chemical reduction process according to the method previously described (Maneeawattanapinyo et al., 2011). Briefly, a 0.094 M aqueous solution of silver nitrate (*AgNO₃*; Merck) was prepared with soluble starch (Merck) as a stabilizer. An aqueous solution of 0.07 M sodium borohydride (*NaBH₄*; Merck) reducing agent with the soluble starch aqueous solution of silver nitrate (*AgNO₃*; Merck) was added dropwise to the *NaBH₄* solution under a vigorous stir. A dark cloud appeared and turned to yellowish brown within a few seconds. When all reactants were completely added, the solution turned dark brown. Purification of the AgNPs was precipitated by using centrifugation. Then, the precipitates of AgNPs were washed three times with DI water and adjusted to the same volume before dilution. The synthetic AgNPs were very pure (99.96%) and the Ag ions were very low in concentration (less than 0.04%). The AgNPs solutions were diluted with distilled water to obtain various concentrations of AgNPs prior to use. The particle morphology of AgNPs was observed using JEOL. JEM-2010 analytical transmission electron microscope. The AgNPs had a spherical configuration.
with a primary particle diameter of 10-20 nm. The plasmon extinction of AgNPs measured by Ocean Optics Portable UV-Visible spectrometer (USB 4000-UV-VIS detector) showed that the size distribution of AgNPs was narrow.

**Experimental animals**: Tilapias (*Oreochromis niloticus*), 25-50 g in weight and 9-12 cm in length, were obtained from Veterinary Medical Aquatic Research Center (VMARC), Chulalongkorn University. They were maintained in 62.5-liter glass aquaria filled with 50-liter tap water, where the experiment was conducted. The animals were acclimated to laboratory condition for one week before the experiment. Air pump with aquarium foam sponge filter was used for the aeration system. Water temperature, pH and dissolved oxygen (DO) were measured daily during the experiment. The average temperature was 27.14±0.39°C, pH was 7.30±0.11 and DO was 9.56±0.60 mg/l. All fish were fed twice daily on commercial food ad libitum throughout the experimental period. The tap water in the aquaria was changed every two days. All animal experiments were proved by the ethics committee of Chulalongkorn University Animal Care and Use Committee (CU-ACUC).

**Experimental design**: The tilapias were randomly divided into 1 control and 3 exposure groups of 15 animals each. The tilapias were raised in the aquaria which contained 1, 10, and 100 ppm AgNPs, respectively. One container of 15 tilapias was kept as an unexposed control group in the same condition. The animals in each group were sacrificed at 0, 1, 2, 3 and 4 days after exposure.

**Sample collection**: The fish were euthanized by rapid cooling with ice and necropsy was performed. After gross examination, the kidney, liver, spleen, gill, gut (stomach and intestine), brain, and muscle tissues were collected and preserved in 10% neutral buffered formalin. The tissues were routinely histologically processed. After paraffin embedding, 4 µm sections were cut and stained with hematoxylin and eosin (H&E) for histopathologic evaluation, immunohistochemistry staining and autometallography.

**Immunohistochemistry**: The tissue samples from various organs of the control and treated tilapias were immunostained to detect antioxidant enzymes (Cu/Zn SOD) and MT. After deparaffinization, the sections were treated with citrate buffer solution (pH 5.4-6.0) for 20 min at 121°C by autoclave and microwave heat at 700 W for 5 min in the process of antigen retrieval. The sections were incubated with 3% H2O2 in methanol to quench endogenous peroxidase for 30 min at room temperature. The slides were then blocked with 10% normal goat serum (for detection of Cu/Zn SOD) for 5 min in microwave oven 250 w or 1% bovine serum albumin (for detection of MT) for 30 min at 37°C. Thereafter, the sample and positive control sections were incubated overnight at 4°C with primary antibodies (polyclonal rabbit anti-Cu-Zn SOD Ab, Stressgen Bioreagents, Victoria, Canada, 1:200 dilution; and monoclonal mouse anti-MT Ab, Dako®, Glostrup, 1.50 dilution). On the other hand, the negative control sections were incubated with phosphate buffered saline. The biotinylated anti-mouse IgG antibody and EnVision polymer (Dako® REAL TM EnVision™ detection system, Dako®, Denmark) were reacted to sections as a secondary antibody. Brown staining with the substrate 3,3'-diaminobenzidine tetrahydrochloride (DAB) was determined as a positive result and the sections were counterstained with Mayer’s hematoxylin for 30 sec.

**Autometallography**: The tissue sections from various organs were performed for detecting intracellular mercury deposition. After deparaffinization, other metal residues were eliminated by incubating the sections with 1% KCN for 2 h and rinsed well with tap water and distilled water (DW). The sections were incubated with physical developer (50% Arabic gum, 50% citrate buffer, 5.6% hydroquinone, and 17% AgNO3) to silver amplification for 1 h in an automatic shaker at 26°C and then with 10% sodium thiosulfate and Farmer’s solution (20% sodium thiosulphate and 7.5% potassium ferric cyanide) to eliminate silver residues. Thereafter, the sections were rinsed in tap water and counterstained with Mayer’s hematoxylin. Positive reactions resulted in yellow-brown to black silver grains in the cells. The sections were observed under a light microscope to identify cell types and locations of silver grains deposition. Scores were given by positive staining degrees and intensity of silver grains in each cell.

**Statistical analysis**: Data in the graphs are presented as percentage. The data were analyzed using analysis of variance (ANOVA). Values of P < 0.05 were considered as the level statistical significance. All statistical analyses were carried out using the SPSS statistical software for Windows, version 12.

**Results**

**Clinical and macroscopic findings**: In the control and 1 ppm AgNPs treated fish, there were no exposure-related clinical signs in any observation times. Tilapias of both 10 and 100 ppm groups showed respiratory distress characterized by swimming to surface of water, rapid opercula movements and dyspnea after a few hours post-exposure. The mortality of tilapias was observed at days 0-4 post-exposure. At day 1, a significant increase in mortality was observed in the 100 ppm AgNPs treated fish (Fig 1). Calculated median lethal concentration (LC50) at 24 hr of AgNPs to the Nile tilapia was 53 ppm (µg/ml).

Grossly, there was no remarkable lesion in the control group in any observation times. In both 10 and 100 ppm AgNPs treated fish, tiny pin-head sized to patchy black brown foci scattered in the gill (Fig 2a) and gastrointestinal tracts throughout the experiment. At days 2-4 post-exposure, the gills from the 10 and 100 ppm AgNPs treated fish showed sloughing and pale in color (Fig 2b). Some fish revealed congested and enlarged spleen, and multifocal pin-point haemorrhages in the liver. The degree of lesions described above in the 100 ppm treated group was more severe than the 10 ppm treated group.
**Microscopic findings:** Trunk of the kidney from the control fish showed normal appearance with occasional mild congestion. However, the treated fish revealed mild to moderate tubular degeneration and hyaline droplets (Fig 3a). The most severe lesions were observed in the 100 ppm AgNPs exposure group followed by the 10 and 1 ppm groups, respectively, at day 0 post-exposure. The severity of the lesions increased from day 1 until the end of experiment. Increase in the numbers of MMCs in head of kidney and spleen was obviously observed in the experimental groups of 10 and 100 ppm compared to the control group (Fig 3b). Moderate lesions were observed from day 1 until the end of the experiment. Loss of fat storage hepatocytes was observed in various degrees of the exposure groups. In the 100 ppm AgNPs exposure group, the degree of fat losing hepatocytes was moderate from day 1 until the end of experiment when compared to the control group (Figs 3c, 3d). Mild to moderate loss of fat storage was noted in the 10 ppm group. However, there was no difference in the severity of lesions among the 1 ppm and control groups.

At day 0 post-exposure, accumulation of free aggregated brown-black AgNPs was found on the gill lamellae and lumen of all treated groups especially the 10 and 100 ppm groups. Mild to moderate sloughing of gill epithelium (Fig 3e) and eosinophil infiltration in gill lamellae (Fig 3f) were also found in the 10 and 100 ppm groups. At days 1-4, shortening and attachment of gill lamellae were noted in the 10 and 100 ppm groups with the accumulation of AgNPs (Fig. 3g). In gastrointestinal organs of the treatment groups, AgNPs accumulation was observed on the mucosal surface and in the lumen throughout the experiment. Moreover, brown-black dots or clumps of AgNPs were also seen in the cytoplasm of melano-macrophages, hepatocytes and gastric epithelial cells.

**Cu/Zn Superoxide dismutase (Cu/Zn SOD) expression:** The expression of Cu/Zn SOD was not observed in any sample tissues of the control fish (Figs 4a, 4c). In the 10 and 100 ppm treated fish, SOD expression was observed chiefly in the cytoplasm of gill epithelium, mucous cells, iodocytes and renal tubular cells from days 1-4 post-exposure (Fig 4b, 4d).

**Metallothionein expression:** Moderate intracytoplasmic MT protein expression in the cytoplasm of renal tubular epithelium was observed in the 10 and 100 ppm exposure groups from day 1 until the end of the experiment (Fig 5b). In the control and other exposure groups, MT protein was not detectable in any tissue samples (Fig 5a).

**Autometallography:** AgNPs deposition, yellow-brown to black positive silver grains, were found aggregating on lamellae and in lumen of the gill (Fig 6a), and gastrointestinal mucosa and lumen (Fig 6b) of the tilapias in the 10 and 100 ppm treated groups. The positive silver grains were also observed occasionally in the cytoplasm of the renal tubular epithelium of the kidneys, hepatocytes, MMCs of the spleen and intestinal epithelium of the experimental groups. Degrees and distribution of positive staining increased depending on the exposure concentration of AgNPs. By contrast, no evidence of positive silver grains was found in any tissues of fish of the control group.
Discussion

In the present study, mean mortality rate in the 100 ppm (μg/l) AgNPs exposure group was 97.2% after the first day of experiment. The calculated 24-hour median lethal concentration ($LC_{50,24h}$) of AgNPs in this experiment was estimated at 53 ppm. Comparing the $LC_{50,24h}$ of this study with previous studies developed on commercial AgNPs toxicity in another fish, the value in the present study was rather higher than others (Shahbazzadeh, et al., 2009).

Figure 3 Various organs from various doses of AgNPs treated and control groups at various time points demonstrated a variety of histopathological changes, H&E stain. (a) Tubular degeneration and hyaline droplets in the trunk of the kidney (arrows); 10 ppm treated group at 0 day post-exposure, Bar = 350 μm. (b) Increased MMCs in spleen (arrows); 1 ppm treated group at 1 day post-exposure, Bar = 250 μm. (c) Loss of fat storage in hepatocytes of 100 ppm treated group at 0 day post-exposure (Bar = 450 μm) compared to the control group (d), Bar = 350 μm. (e) Sloughing of gill epithelium (arrow) with AgNPs accumulation (bold arrow); 100 ppm treated group at 0 day post-exposure, Bar = 350 μm. (f) Eosinophil infiltration in gill lamellae (arrows); 100 ppm treated group at 0 day post-exposure, Bar = 500 μm. (g) Shortening and attachment of gill lamellae (bold arrow) with accumulation of AgNPs (arrow); 100 ppm treated group at 2 days post-exposure, Bar = 500 μm.

Figure 4 Intense positive labeling of SOD (arrows) is expressed in cytoplasm of various cells in gill (b; Bar = 350 μm) when compared to the control fish (a; Bar = 600 μm) and renal tubular epithelium (d) when compared to the control fish (c), Bar = 450 μm.
higher values estimated in this study may be attributed to some differences in standard techniques involving type of the test-organisms and chemical. The fish used in this study were adult tilapias. In contrast, other studies that obtained lower values of LC$_{50}$ used Rainbow Trout (Oncorhynchus mykiss) as the test-organisms. Several toxicity studies reported that tilapia is more tolerant than most commonly test-organisms to many substances and chemicals (Bradbury and Coats, 1989; Sarikaya, 2009).

Several studies reported the distribution of nanoparticles in various organs of aquatic organisms. Kashiwada (2006) used water-suspended fluorescent nanoparticles to investigate the distribution of nanoparticles in medaka. Nanoparticles were detected at high levels in the gills and intestine, moderate levels in testis and liver, and low levels in the brain. In our study, the distribution of AgNPs in the organs and tissues of tilapia were studied using autometallographic technique. Gills and gastrointestinal organs were the critical organs for high accumulation of AgNPs. Low levels of positive AMG staining were observed in the trunk of kidney, spleen and hepatopancreas. These results suggest that AgNPs can distribute throughout the systemic system of aquatic organism. The major translocation pathway to enter the circulation of nanoparticles in fish may contribute via the gill-blood route and/or the intestine-blood route because gill and gastrointestinal organs are principal routes that are directly exposed to and uptake the toxicants from ambient water into the fish body. In the present study, there was no evidence of the distribution of AgNPs to the brain of the treated tilapias. However, several toxicity studies demonstrated the distribution of nanoparticles to the brain in other experimental fish such as medaka and largemouth bass via the blood-brain barrier or olfactory neuron (Kashiwada, 2006; Oberdörster et al., 2004).

Nanoparticles have been reported to cause oxidative stress as a result of generation of reactive oxygen species (ROS) in a number of in vivo and in vitro studies (Dick et al., 2003; Donaldson and Stone, 2003; Kaewamatawong et al., 2006). An in vivo study of nanosilver also revealed the cytotoxicity of particles that are related to the generation of reactive oxygen species (Choi et al., 2010; Miura and Shinohara, 2009). In an aquatic toxicity study, Federici and colleagues (2007) demonstrated that the nanotoxicity of TiO$_2$ in rainbow trout was related to oxidative stress formation and anti-oxidant protective induction such as glutathione. In our study, we found the results of the positive Cu/Zn SOD immunoreactivity mainly in the cytoplasm of various cells in the gill tissues associated with the AgNPs aggregation. These results indicated that AgNPs might play an important role in producing oxidant stress related to the particle accumulation.

Several laboratory and field studies noted that metallothionein (MT) played an important role in heavy metal homeostasis and detoxification in animals. An in vitro cytotoxicity study of astrocytes exposure to Ag-NPs showed upregulation of MT via activation of metal regulatory transcription factor 1 (MTF-1) (Luther et al., 2012). Certain mechanisms associated with the MT responses to AgNPs exposure remains unclear. Silver (Ag) can directly stimulate the production of MT via initiation of thionien in the cells (Kim et al., 2009). In another mechanism, enhancement of MT induction is associated with their antioxidant role that responses to an increase in oxyradicals (Haq et al., 2003). In the present study, MT immunoeexpression was detected in the cytoplasm of renal tubular epithelium that was associated with some AgNPs aggregated areas. This study, therefore, suggests that MT might have a protective role to AgNPs in fish at acute stage. The underlying mechanism of the induction of MT caused by exposure to AgNPs should be elucidated.

In conclusion, AgNPs used in our study can cause acute toxicity to adult tilapia in a concentration and exposure time-dependent manner. The systemic
distribution of AgNPs was discovered. Oxidative stress may involve in the pathogenesis of the acute AgNPs exposure. Moreover, the expression of MT in tissues responded to AgNPs accumulation. The AgNPs used in this study were in colloidal form that could easy disperse and flow into aquatic environments, leading to possible adverse affects to aquatic organisms. Therefore, the release of untreated AgNPs waste into the environment should be given special attention to control and restrict for clean environment and good quality of life.

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บทคัดย่อ

การศึกษาความเป็นพิษทางด้านพยาธิวิทยา การสะสมของอนุภาค และการตอบสนองของโปรตีนเมทัลโลไธโอนีนในปลานิล (Oreochromis niloticus) ที่สัมผัสอนุภาคนาโนเงินในระยะเฉียบพลัน

อานันดา สิรินวรนิกร วิจิตร บรรลุนาระ ภัททวัฒน์ มณีวัฒนภิญโญ ชูชาติ ธรรมเจริญ สนอง เอกสิทธิ์ ธีระยุทธ แก้วอมตวงศ์

เพื่อศึกษาความเป็นพิษทางด้านพยาธิวิทยาของอนุภาคในแนวเงินในปลานิล (Oreochromis niloticus) ปลานิลโตเต็มวัยได้รับการสัมผัสอนุภาคนาโนในแนวเงินขนาด 0.1, 1, 10 และ 100 พีพีเอ็ม ในวันที่ 0, 1, 2 และ 4 ของการทดลอง โดยในแต่ละวันจะทำการเก็บข้อมูลอัตราการตาย อาการที่สัตว์แสดงออก รวมทั้งการทำการวิเคราะห์และการเก็บตัวอย่างชิ้นเนื้อเพื่อศึกษาทางพยาธิวิทยา ย้อมออโตเมทัลโลกราฟี และย้อมอิมมูโนฮีสโตเคมี จากผลการศึกษาพบว่าความเข้มข้นของอนุภาคในแนวเงินที่ทำให้ปลานิลตายไปครึ่งหนึ่ง (LC50) มีค่าเท่ากับ 53 พีพีเอ็ม จากการสังเกตการณ์อาการอย่างใกล้ชิดจากเป็นอัตราสอดคล้องในปลานิลที่ได้สัมผัสอนุภาคในแนวเงิน แหล่งพยาธิวิทยาพบรอยโรคที่เด่นชัดปรากฏในเหงือก และยังมีอาการหายใจลำบากเป็นอาการหลักในปลานิลที่สัมผัสอนุภาคนาโนเงิน ผลทางพยาธิวิทยาพบผลบวกในเซลล์ที่มีซุปเปอร์ออกไซด์ดิสมิวเตส ผลของการย้อมด้วยอิมมูโนฮีสโตเคมีพบผลบวกในเซลล์ของหลอดไตฝอยและเหงือกของปลานิลที่สัมผัสอนุภาคนาโนเงิน เส้นเลือดที่มีซุปเปอร์ออกไซด์ดิสมิวเตสมีความรุนแรงตามความเข้มข้นของอนุภาคนาโนเงินที่สัมผัส ผลจากการศึกษาทางพยาธิวิทยาพบว่าการสัมผัสอนุภาคนาโนเงินของปลานิลสามารถทำให้เกิดความพิษในระยะเฉียบพลันได้ โดยความรุนแรงขึ้นกับระดับความเข้มข้นของอนุภาคนาโนเงิน ผลทางพยาธิวิทยาพบว่าอนุภาคนาโนเงินมีความเกี่ยวข้องกับการสะสมของอนุภาคนาโนเงินในเนื้อเยื่อของปลานิล

คำสำคัญ: ความเป็นพิษระยะเฉียบพลัน อนุภาคนาโนเงิน ปลานิล อนุภาคนาโนเงิน ซุปเปอร์ออกไซด์ดิสมิวเตส

1คณะสัตวแพทยศาสตร์ มหาวิทยาลัยมหาสารคาม อ.เมือง จ.มหาสารคาม 44000
2ภาควิชาพยาธิวิทยา คณะสัตวแพทยศาสตร์ จุฬาลงกรณ์มหาวิทยาลัย ปทุมวัน กรุงเทพฯ 10330
3หน่วยปฏิบัติการวิจัยอุปกรณ์ทางวิทยาศาสตร์จุฬาลงกรณ์มหาวิทยาลัย ปทุมวัน กรุงเทพฯ 10330
*ผู้รับผิดชอบบทความ E-mail: theerayuth.K@chula.ac.th